

Interpersonal Safety

RESOURCE LISTING

WELIA HEALTH SOCIAL WORK DEPARTMENT: 320.225.3576 or 320.225.3577

EMERGENCY HOTLINES & SHELTERS:

Family Pathways

24-Hour Crisis Hotline

<https://www.familypathways.org/our-work/dvsa>
1.800.338.SAFE (7233)

National Domestic Violence Hotline

1.800.799.7233
Deaf / Hard-of-Hearing:
1.800.787.3224

Minnesota Domestic Violence Crisis Hotline

866.223.1111
Text: 612.399.9995

Family Pathways' Black Dog Hill Shelter

Accessible 24-hrs a day
Provides safe, emergency housing and support for victims of domestic violence and their
651.674.8040 or 877.321.7100

COMMUNITY ADVOCACY:

Minnesota Judicial Branch: Domestic Abuse & Harassment

Respond after law enforcement intervention, assist with police reports, and provide support through the criminal court process

Information on OFPs (Orders for Protection), HROs (Harassment Restraining Orders), and state statutes
<https://www.mncourts.gov/Help-Topics/Domestic-Abuse-and-Harassment.aspx#GetOFP>

Family Pathways

Personal and Legal Advocates – provide case management, assistance towards self-sufficiency, orders for protection and support through court process

Sexual Assault Advocates – respond to ER and law enforcement calls and provide support throughout the medical and criminal process

Contact local advocates for assistance:

Carlton County 218.384.4134
Chisago County 651.257.2890
Isanti County 763.689.3532
Kanabec County 320.679.1737
Pine County 320.629.1277

BATTERERS INTERVENTION PROGRAMS:

Violence Free Minnesota

<https://www.vfmn.org/find-a-program>

AACS Counseling

1.800.683.7745

The Duluth Model

<https://www.theduluthmodel.org>

Domestic Abuse Project

<https://mndap.org/intervention-prevention>

SUPPORT GROUPS FOR WOMEN:

Helping women to become empowered, gain strength, understanding and healing

Call by location to inform attendance and confirm time:

Mora –

Fridays 12:30-2pm
320.679.1737

Chisago City –

Thursdays 10am and 4pm
Virtual at 1pm
651.257.2890

Cambridge –

Mondays 5-6pm
763.689.3532

LEGAL AID RESOURCES:

Central MN Legal Services

Pro Bono legal services through volunteer attorney program
<https://www.centralmnlegal.org/>
877.696.6529

Minnesota Coalition for Battered Women (MCBW)

651.646.6177

Standpoint

(formerly Battered Women's Legal Advocacy Project)
1.800.313.2666 or 612.343.9842

MORE RESOURCES →

SHELTERS & SAFE HOUSING:

Cornerstone

Bloomington
952.884.0330

Alexandra House

Blaine
888.780.2332 or 763.780.2330

Safe Haven Shelter

Duluth
218.623.1000

Women's Advocates

St. Paul
651.227.8284

Women of Nations

St. Paul
651.251.1069

AnnaMarie's Alliance

St. Cloud
320.253.6900 or 1.800.950.2203

Casa de Esperanza

St. Paul
651.772.1611

More Shelters –

<https://www.domesticshelters.org/help>

MOBILE APPS:

SAFETY

- Noonlight
- Aspire
- Silent Beacon
- bSafe
- eBodyGuard
- Red Panic Button
- SOS Stay Safe

DOCUMENTATION

- TapeACall Pro
- Our Family Wizard
- VictimsVoice
- Talking Parents
- MyPlan

SUPPORT

- myPlan
- VictimsVoice
- Looped Fusion Purple
- Bright Sky

