

NAME: _____

Find something that makes you happy: _____

Something to give someone else to
make them smile: _____

Find one thing you love to smell: _____

Find one thing you enjoy looking at: _____

Find something that makes you feel
strong: _____

Find something in nature you're
thankful for: _____

Find something that makes you laugh: _____

Turn in by Tuesday, November 30th to Anna Schultz/Wellness



Gratitude
SCAVENGER HUNT